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The authoress labors under several physiological errors, which should be pointed out. She thinks in common with the ignorant classes generally, that the orgasm is concerned in impregnation, which is well known not to be the case. She also asserts that the secretion of the testis is produced at the time it is needed for use, an idea promulgated several years ago in a silly book called *Diana*. This is also untrue; its elaboration requires some days, and when the gland is full the secretion makes its presence known and demands expulsion. The present book should have stated also, that the practice she recommends, which she calls "Karezza," is a most potent stimulant of the secretion in question, and does in some men produce enlargement of the prostate gland and orchitis, so that every man must be in this matter his own doctor. But one will not find logic in this book. In view of what precedes one wonders where the authoress got her degree of M. D., and who is responsible for her education. We must, however, once more commend the spirit of the book, and hope that she will be instrumental in teaching some men and women ordinary temperance. But it must be borne in mind that medical writers chiefly deal with pathological conditions, and that the persons she writes about are mostly abnormal through excess or deficiency.

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